



SARASWATI MODEL SCHOOL
ACTIVITY OF THE MONTH-OCTOBER
COOKING WITHOUT FIRE COMPETITION (2023-24)



**"WHERE THERE IS NO FLAME, COOKING HEALTHILY AND
CREATIVELY BECOMES YOUR AIM".**

Dear Parents,

Greetings!

As a part of Activity of the Month, Saraswati Model School announces “*Cooking without Fire Competition*” **YUMMY TUMMY** for all the students. The theme for competition is ‘no fire recipes’. The participants shall not use gas stove or induction for cooking.

Schedule :

- ❖ The competition will be held on 11th October 2023 i.e. Wednesday.
- ❖ Entries should be submitted to the Class Teacher by 9th October, 2023.
- ❖ Kindly send the following details in the School Diary.

Name: _____ Class & Section: _____ Dish Name: _____

Judgement Criteria :

- ❖ Recipe composition / innovation.
- ❖ Cleanliness/Hygiene during preparation.
- ❖ Presentation.
- ❖ Flavor of the dish.

General Instructions :

- ❖ Participants will have to bring the required ingredients from home.
- ❖ The food item has to be named.
- ❖ Each participant will get 45 minutes for preparation and presentation.

NOTE: 1. Students should be mindful of keeping their work place neat and clean after preparation and judgement.

2. Refrigeration will neither be provided for ingredients nor for the dish.

Warm Regards,

Ms. Chitra Pandit

Coordinator

Saraswati Model School, New Delhi